RHYME: Thirty Days Hath September

30 days has September
April, June, and November.
When short February’s done,
All the rest have 31.
From Wikipedia:

Knuckles

The knuckle mnemonic.

The French typically use a mnemonic by counting on the knuckles of one's hand to remember the numbers of days of the months.

Count knuckles as 31 days, depressions between knuckles as 30 (or 28/29) days. Start with the index finger knuckle as January, and count one finger at a time towards the little finger knuckle (July), saying the months as you go. Then jump back to the index finger knuckle (now August) and continue for the remaining months.
One variant of this approach differs after reaching the little finger knuckle (July): instead of wrapping around back to the index finger, some people reverse direction and continue from the little finger knuckle (counting it for both July and August) and ending on the middle finger knuckle. Still others use two hands (as shown in the diagram): starting with the little finger knuckle of the left hand proceed to the left index finger knuckle, then (swapping hands) jump to the right fist's index finger knuckle for August, finishing on the knuckle of the right ring finger (December).

SOURCE >
http://en.wikipedia.org/wiki/Thirty_days_hath_September